

August 2025

- DR

Dining Room

FC

Fitness Center

L

Lobby

TL

Library

T

Theater
- P

Pool

MP

Multipurpose

Sign Up

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|---|--|
|  <div>3</div> <div>9:00 T White Chapel UMC Svc</div> <div>11:00 MP Nondenominational Christian Church Service</div> <div>11:00 DR Sunday Brunch</div> <div>12:30 T Church of Christ Service</div> <div>4:00 Dinner out at McAlister</div> <div>6:30 T Sunday Night Movie</div> |  <div>4</div> <div>Ice Cream Sandwich Day (1)</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Res Led Fitness Video</div> <div>10:45 T Bible Study with Jessie</div> <div>11:00 TL Mobile Monday Technology</div> <div>11:30 MP Balance & Stability w/ Jonah</div> <div>1:00 T Ministering Mondays-‘Christian Matinee’</div> <div>1:00 MP Quilting Grannies</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:00 L Ice Cream Sandwich Break</div> <div>2:30 MP Happy Hour</div> <div>6:00 MP Nightcaps with Craig Murphy</div> |  <div>5</div> <div>9:00 MP Blood Pressure Checks</div> <div>10:00 P Aquatic Fitness</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Range of Motion with Jonah</div> <div>1:00 MP Worship with Pastor Ja</div> <div>1:30 TL Champions Benefits-Medicare Questions</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Happy Hour</div> <div>6:00 TL Bridge</div> <div>6:00 MP Resident-Led Mexican Train & More</div> <div>6:30 T Tuesday Night Movie</div> |  <div>6</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:00 MP Palettes of Acrylic with Charice</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Res Led Video</div> <div>11:30 MP Balance & Stability w/ Jonah</div> <div>12:00 T Genesis to Revelation Bible Study</div> <div>1:00 T Charles Stanley Life Principles</div> <div>1:00 MP POKENO</div> <div>1:30 T Documentary Wednesday</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Wine Down Wednesday</div> <div>6:00 MP BINGO</div> | <div>Celebrations/Fitness Team</div> <div>Kaycee Fabe’</div> <div>Director of Celebrations</div> <div>Mary Skaggs</div> <div>Celebrations Coordinator</div> <div>Jonah Villareal</div> <div>Fitness Coordinator</div> <div>Clayton Sides</div> <div>Director of Transportation</div> <div>*Should you need to contact the team, please dial 817.562.3100, ext. 234 for Kaycee, ext. 239 doe Mary, ext. 238 for Jonah and ext. 229 for Clayton.</div> <div>**Activities are subject to change without notice.</div> <div>7</div> <div>Professional Speakers Day</div> <div>10:00 P Aquatic Fitness</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Range of Motion with Jonah</div> <div>12:30 MP Crafting with Sandy</div> <div>1:30 T Diary of a CEO Talks (YT)</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Happy Hour</div> <div>6:00 MP Nightcaps with Norris Perry</div> <div>6:00 TL Pinochle Res Led</div> <div>7:15 T Thursday Night Movie</div> | <div>1</div> <div>Tye Dye Day (15)</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:30 MP Move & Play Game Day w/ Jonah</div> <div>11:15 Grapevine Vintage Railroad to the Stockyards</div> <div>1:00 TL Mah Jongg: Resident Led</div> <div>1:30 TL Hand & Foot</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Poolside Jeans & Tye Dye Happy Hour w/ Ric H.</div> <div>3:00 T 1st Fridays Bingo w/ MK</div> <div>6:00 TL Bridge</div> <div>6:30 T Friday Night Movie</div> | <div>2</div> <div>10:00 TL Morning Games: Resident Led</div> <div>10:30 MP Sit ‘n’ Fit with Judy</div> <div>12:00 T Saturday Matinee</div> <div>1:00 TL Rummikub/Scrabble - Res. Led</div> <div>2:00 T Catholic Service</div> <div>2:30 MP Happy Hour</div> <div>6:30 MP 42 Dominoes</div> <div>6:30 T Saturday Night Movie</div> |
| <div>10</div> <div>9:00 T White Chapel UMC Svc</div> <div>11:00 MP Nondenominational Christian Church Service</div> <div>11:00 DR Sunday Brunch</div> <div>12:30 T Church of Christ Service</div> <div>4:00 Dinner out at Cotton Patch</div> <div>6:30 T Sunday Night Movie</div> | <div>11</div> <div>Celebrating Afternoon Tea Week</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Res Led Fitness Video</div> <div>11:00 TL Mobile Monday Technology</div> <div>11:30 MP Balance & Stability w/ Jonah</div> <div>1:00 T Ministering Mondays-‘Christian Matinee’</div> <div>1:30 MP Hot Tea, Iced Tea or Spiked Tea</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Happy Hour</div> <div>6:00 TL Bridge</div> <div>6:00 MP Nightcaps with Harold H.</div> | <div>12</div> <div>Town Hall Meeting</div> <div>9:00 MP Blood Pressure Checks</div> <div>10:00 P Aquatic Fitness</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Range of Motion with Jonah</div> <div>1:00 DR Town Hall</div> <div>1:30 TL Champions Benefits-Medicare Questions</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Happy Hour</div> <div>6:00 TL Bridge</div> <div>6:00 MP Resident-Led Mexican Train & More</div> <div>6:30 T Tuesday Night Movie</div> | <div>13</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:00 MP Palettes of Acrylic with Charice</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Res Led Video</div> <div>11:30 MP Balance & Stability w/ Jonah</div> <div>12:00 T Genesis to Revelation Bible Study</div> <div>1:00 T Charles Stanley Life Principles</div> <div>1:00 MP POKENO</div> <div>1:30 T Documentary Wednesday</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Wine Down Wednesday</div> <div>6:00 MP BINGO</div> | <div>14</div> <div>Western Night Celebration</div> <div>10:00 P Aquatic Fitness</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Range of Motion with Jonah</div> <div>12:30 MP Watercolors with Sandy</div> <div>1:45 T Current Events w/ Randy Mayeux</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Happy Hour</div> <div>4:00 DR Western Night w/ Craig Murphy</div> <div>6:00 TL Pinochle Res Led</div> <div>6:30 T Thursday Night Movie</div> | <div>15</div> <div>9:30 Sid Richardson Museum</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:30 MP Move & Play Game Day w/ Jonah</div> <div>1:00 TL Mah Jongg: Resident Led</div> <div>1:30 TL Hand & Foot</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Happy Hour</div> <div>3:00 T 5 Prize Bingo</div> <div>6:00 TL Bridge</div> <div>6:30 T Friday Night Movie</div> | <div>16</div> <div>10:00 TL Morning Games: Resident Led</div> <div>10:30 MP Sit ‘n’ Fit with Judy</div> <div>12:00 T Saturday Matinee</div> <div>1:00 TL Rummikub/Scrabble - Res. Led</div> <div>2:00 T Catholic Service</div> <div>2:30 MP Happy Hour</div> <div>6:30 MP 42 Dominoes</div> <div>6:30 T Saturday Night Movie</div> |
| <div>17</div> <div>9:00 T White Chapel UMC Svc</div> <div>11:00 MP Nondenominational Christian Church Service</div> <div>11:00 DR Sunday Brunch</div> <div>11:30 DR Music by Vanddi</div> <div>12:30 T Church of Christ Service</div> <div>4:00 Dinner out at Shuck Me</div> <div>6:30 T Sunday Night Movie</div> | <div>18</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Res Led Fitness Video</div> <div>10:45 T Bible Study with Jessie</div> <div>11:30 MP Balance & Stability w/ Jonah</div> <div>12:00 T The Hearing Clinic with Dr. Liz</div> <div>1:00 T Ministering Mondays-‘Christian Matinee’</div> <div>1:00 MP Quilting Grannies</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 DR Book Bound with Joy</div> <div>2:30 MP Happy Hour</div> <div>6:00 MP Nightcaps with Ruby Weston</div> | <div>19</div> <div>Coco Chanel Day</div> <div>9:00 MP Blood Pressure Checks</div> <div>10:00 P Aquatic Fitness</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Range of Motion with Jonah</div> <div>12:00 MP Legacy Wellness and You!</div> <div>1:00 MP Worship with Pastor Ja</div> <div>1:30 TL Champions Benefits-Medicare Questions</div> <div>1:30 T Coco Chanel Unbuttoned (AP)</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:00 T Celebrations and Fitness Forum</div> <div>4:30 Dinner out at Sweetie Pies Ribeyes</div> <div>6:00 MP Resident-Led Mexican Train & More</div> | <div>20</div> <div>Wear White Wednesday</div> <div>7:30 Men’s Breakfast</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:00 MP Palettes of Acrylic with Charice</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Res Led Video</div> <div>11:30 MP Balance & Stability w/ Jonah</div> <div>12:00 T Genesis to Revelation Bible Study</div> <div>1:00 MP POKENO</div> <div>1:30 T Documentary Wednesday</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP An all White Affair with Sherry Hamilton</div> <div>6:00 MP BINGO</div> | <div>21</div> <div>Cuban Sandwich Day (23)</div> <div>10:00 P Aquatic Fitness</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Range of Motion with Jonah</div> <div>12:30 MP Crafting with Sandy</div> <div>1:30 T Diary of a CEO Talks (YT)</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Cuban Sandwiches & Cuban Mojitos</div> <div>6:00 TL Pinochle Res Led</div> <div>6:30 T Thursday Night Movie</div> | <div>22</div> <div>Ukraine Independence Day (8/24/1991)</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:30 MP Move & Play Game Day w/ Jonah</div> <div>11:00 Red Hat Ladies Lunch Out</div> <div>1:00 TL Mah Jongg: Resident Led</div> <div>1:00 T Why Russia Wants Ukraine: A Battle Centuries in the Making (YT)</div> <div>1:30 TL Hand & Foot</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Happy Hour with Tony Macaroni</div> <div>6:00 TL Bridge</div> <div>6:30 T Friday Night Movie</div> | <div>23</div> <div>Sean Connery Day (8/25/1930)</div> <div>10:00 TL Morning Games: Resident Led</div> <div>10:30 MP Sit ‘n’ Fit with Judy</div> <div>12:00 T Saturday Matinee</div> <div>1:00 TL Rummikub/Scrabble - Res. Led</div> <div>2:00 T Catholic Service</div> <div>2:30 MP Happy Hour</div> <div>6:30 MP 42 Dominoes</div> <div>6:30 T Saturday Night Movie</div> |
| <div>24</div> <div>9:00 T White Chapel UMC Svc</div> <div>11:00 MP Nondenominational Christian Church Service</div> <div>12:30 T Church of Christ Service</div> <div>4:00 Dinner out at Outpost 36 BBQ</div> <div>6:30 T Sunday Night Movie</div> | <div>25</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Res Led Fitness Video</div> <div>11:00 TL Mobile Monday Technology</div> <div>11:30 MP Balance & Stability w/ Jonah</div> <div>1:00 T Ministering Mondays-‘Christian Matinee’</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Happy Hour</div> <div>6:00 TL Bridge</div> <div>6:00 MP Nightcaps with Richard Palomino</div> | <div>26</div> <div>9:00 MP Blood Pressure Checks</div> <div>10:00 P Aquatic Fitness</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Range of Motion with Jonah</div> <div>1:00 T Impressions (Maint/Hskp) Forum</div> <div>1:30 TL Champions Benefits-Medicare Questions</div> <div>1:30 T Sensations (Culinary) Forum</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Happy Hour</div> <div>6:00 TL Bridge</div> <div>6:00 MP Resident-Led Mexican Train & More</div> <div>6:30 T Tuesday Night Movie</div> | <div>27</div> <div>Classical Musical History 101</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:00 MP Palettes of Acrylic with Charice</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Res Led Video</div> <div>11:30 MP Balance & Stability w/ Jonah</div> <div>12:00 T Genesis to Revelation Bible Study</div> <div>1:00 MP POKENO</div> <div>1:30 T Documentary Wednesday</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Wine Down Wednesday W/ Mike Coldewey</div> <div>3:00 MP Birthday Cupcakes</div> <div>6:00 MP BINGO</div> | <div>28</div> <div>10:00 P Aquatic Fitness</div> <div>10:00 MP Strength & Conditioning w/ Jonah</div> <div>10:30 MP Range of Motion with Jonah</div> <div>12:30 MP Watercolors with Sandy</div> <div>1:45 T Current Events with Randy Mayeux</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Happy Hour</div> <div>4:00 DR Music by Deane Peters</div> <div>6:00 TL Pinochle Res Led</div> <div>6:30 T Thursday Night Movie</div> | <div>29</div> <div>Eat Outside Day (31)</div> <div>9:30 P Water Aerobics with Judy</div> <div>10:00 Christmas Store/Lunch Campo Verde</div> <div>10:15 Whites Chapel Lunch</div> <div>10:30 MP Move & Play Game Day w/ Jonah</div> <div>1:00 TL Mah Jongg: Resident Led</div> <div>1:30 TL Hand & Foot</div> <div>2:00 FC 1-on-1 Personal Training</div> <div>2:30 MP Poolside Happy Hour & All That Jazz</div> <div>6:00 TL Bridge</div> <div>6:30 T Friday Night Movie</div> | <div>30</div> <div>10:00 TL Morning Games: Resident Led</div> <div>10:30 MP Sit ‘n’ Fit with Judy</div> <div>12:00 T Saturday Matinee</div> <div>1:00 TL Rummikub/Scrabble - Res. Led</div> <div>2:00 T Catholic Service</div> <div>2:30 MP Happy Hour</div> <div>6:30 MP 42 Dominoes</div> <div>6:30 T Saturday Night Movie</div> |
| <div>31</div> <div>9:00 T White Chapel UMC Svc</div> <div>11:00 MP Nondenominational Christian Church Service</div> <div>12:30 T Church of Christ Service</div> <div>4:00 Dinner out at Babe’s Chicken</div> <div>6:30 T Sunday Night Movie</div> | | | | | | |